



Health and Nutrition

Our Vision

A world in which every child attains the right to survival, protection, development and participation.

Our Mission

To inspire breakthroughs in the way the world treats children and to achieve immediate and lasting change in their lives.

Our Breakthroughs

Save the Children works to ensure that all children:

1. **Survive** - No child dies from preventable causes before their fifth birthday.
2. **Learn** - All children learn from a quality basic education.
3. **Are Protected** - Violence against children is no longer tolerated.

Who We Are

Save the Children has been operating in Uganda since 1959. The organisation's work is guided by the National Development Plan II and the United Nations Sustainable Development Goals.

Save the Children works with key stakeholders that include children, civil society organisations, communities, donors, the media and the Government in contributing to the realisation of children's rights.

We strive to create impact for children by delivering programmes through partnerships, being innovative, acting as the voice for and of children and by achieving results at scale. In Uganda, we implement programmes in both development and humanitarian contexts.

Health and Nutrition

Save the Children is committed to ensuring that children's rights to life and the highest attainable standard of health are fulfilled – now, in times of crisis, and in the future.

Sub-themes

Maternal, newborn and reproductive health; Child health; Infant, young child and maternal nutrition; Adolescent sexual and reproductive health (ASRH); Clinical services (humanitarian); WASH and HIV and AIDS.

Interventions

The health programme aims to contribute significantly to ensuring that no child will die from preventable causes before their fifth birthday.

To fulfill this commitment, Save the Children works in partnership with the Ministry of Health, local governments, civil society organisations, professional bodies and corporates to achieve universal coverage of a set of proven, high-impact maternal, newborn, child health and nutrition interventions.

Our work focuses on contributing to strengthening the capacity of local institutions to deliver quality maternal, newborn and child health services.

At community level, Save the Children works to increase demand, ownership

and capacity to influence service delivery through community mobilisation.

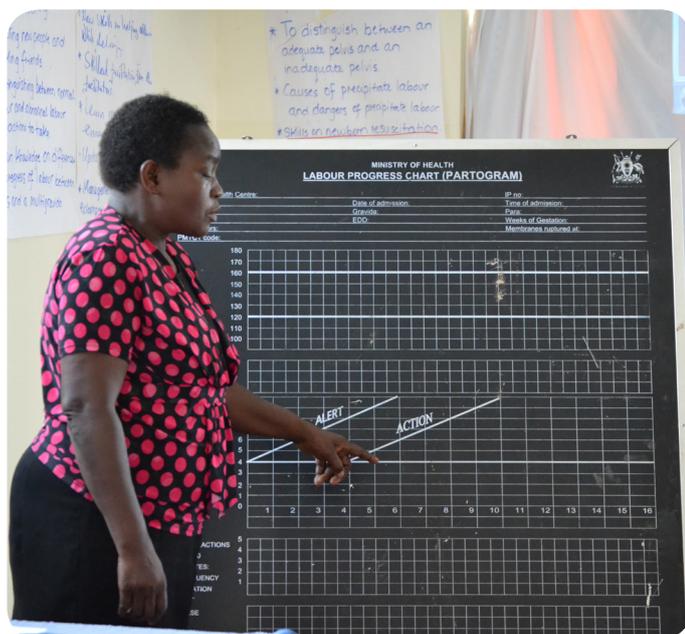
We promote and support the use of locally-generated data and evidence-based research to inform program and policy actions and to influence prioritisation of services for those most deprived.

Save the Children pays special attention to 0-3 year-olds and 10-14 year-olds (very young adolescents), as these are critical periods along the lifecycle to secure the right to health of today's and tomorrow's children. We promote the use of age-appropriate context-specific health education and services to empower children to make healthy life choices.

Save the Children also works with parents, communities and schools to secure environments and support that is promotive of children and adolescents' health.

Our work

■ Strengthening the capacity of health workers to de-



Training health workers on how to use the partograph for monitoring mothers in labour.

liver quality maternal, newborn and child health interventions through on-site training and mentorship.

■ Mobilising communities to demand, take ownership of and influence service delivery through Community Action Groups (CAGs).



Community Action Group at work.

■ Skills-based health education on sexual and reproductive health: children using the Gender Roles Equity and Transformation toolkit to learn about puberty.



Making a case for Community Action Groups (CAGs)

Save the Children works through CAGs that use the community action cycle to create demand for services. Members of CAGs include village health teams, LC I and II chairpersons, parish chiefs,

sub-county chiefs, Community Development Officers, religious leaders, health assistants and youth representatives.

Community Action Groups:

- Build community capacity to plan, leverage and manage resources, as well as monitor their collective ac-

tion toward health goals.

Promote community members' participation in ways that recognize diversity and equity.

- Create linkages between communities and external human and financial resources.